

SACRED CURRENTS

feng shui



'Some Like It HOT' ~ Sacred Currents Newsletter

15th Issue - August 2009

Don't Text -Visualize

I am an old-fashioned multi-tasker. No texting for me (well I do talk on the cell.) When I am on the beach I visualize. It could be a vision of the consulting work I want, the outcome of an election, the health of a friend or the dog I'd like to have in my life.



Now I am not suggesting going into fantasy. Visualization is a transcendental adjustment in Feng Shui.

The '3 Secret Reinforcements' used in Black Hat Feng Shui sets energy in motion and formalizes a way of declaring a clear intention (visualization) and letting the Universe know what that is. The reinforcements comprise three powerful elements, namely a body secret (a hand gesture or mudra), a speech secret (concise words which have a powerful effect), and the mind secret (the visualization.) It is speech, action and intention that not only empower Feng Shui adjustments but actually bring everything into existence. Think about it.

Right now I am visualizing the Fall season and want to share some offerings that will support the rest of the year for you, your business and/or family.

A customized Feng Shui consultation by phone, email or on site, can help you to:

1. Start the new season with a fresh look. Let's determine which paint color can accent a wall to enhance your professional recognition or creativity.
2. Rearrange your furnishings to invite in more wealth. I can be masterful at 're-designing' a room without buying a thing.
3. Decide on which new piece of furniture will enhance your career or relationship sector.
4. Find out where strategically hanging a mirror will increase your prospects for marriage.
5. Redesign your bedroom for better health, sex and sleep!
6. Space clear your environment for a true, new beginning.

For all the particulars call me @ 212-410-1832 or judith@sacredcurrents.com

(yup, this is what the dog looks like in my visualization



;=))



I will get back to you soon with a detailed announcement about my Professional Mentoring Program coming this FALL!

'SPACE CLEARING RITUALS' I will again be teaching at the New York Open Center ...please join me.

Clearing stagnant energy from our homes and workplaces can help to improve all aspects of our lives. In this class, we will learn how to perform specific techniques, rituals, blessings and chants from a variety of traditions to cleanse, consecrate and empower our environments so that they can better support us in fulfilling our intentions. A WEEKLY COURSE Tuesdays, December 1-15, 8-10pm



I am one of those that like it HOT! Summer is the time of year I look forward to and I'm just back from a yearly trip to the Delaware shore with my family.

As much as I love the sun and surf, I like the simplicity and ease that summer provides better than any other season. So may I suggest, if you're not reading this at the beach...get there before its too late. Wherever you live there is a lake, seashore or river some place. Even if you don't like the heat getting into cool water (the 'shui' in Feng Shui) and gentle breezes (that would be the 'feng') is good for the body and soul.

I am going to keep this newsletter short and sweet. It has been awhile since I last wrote and I wanted to update you about some offerings. I will circle back next month with more.

Catch the last rays of summer before the days grow short, and ENJOY!
Judith

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"Judith merges a deep understanding of Feng Shui with practical knowledge of human behavior and site design. She is upbeat, easy to work with, and a doer. The results regardless of fundamental beliefs, whether involving money outcomes or an attractive looking place, should be highly satisfying. Regards, Lewis Altfest" June 2, 2009

Lewis J. Altfest,
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